

Product Information Sheet

Product Name	NOW Supplements, Glycine 1,000 mg Free-Form, Neurotransmitter Support*, 100 Veg Capsules
Brand	NOW Supplements
Vendor SKU	0107
UPC	733739001078
GTIN	30733739001079
Country of Origin	US
Serving Size	3 Veg Capsules
Unit Count	100
Directions	Take 1-3 capsules daily, preferably on an empty stomach. Store in a cool, dry place after opening.
Ingredients	Supplement Facts Serving Size: 3 Veg Capsules Servings Per Container: 33 Description Amount per Serving % Daily Value Glycine 3 g (3,000 mg) ** Daily Value not established. **Daily Value not established. Other Ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide. Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product. Store in a cool, dry place after opening. Family owned since 1968.
Product Description	Pharmaceutical Grade, Free-Form Promotes Restful Sleep* Nervous System Support* Glycine is the smallest and simplest amino acid, making it versatile for use in a wide range of functions. Glycine is necessary for the production of glutathione, DNA, creatine, bile, hemoglobin, and most proteins.* It also helps to promote glycogen storage, thereby making glucose readily available for energy production.* Glycine also functions as a calming neurotransmitter in the brain, where it facilitates nerve impulses and is important for the maintenance of healthy sleep patterns.* Natural color variation may occur in this product.