

Prepared in Poland for Morgiel
Fine & Organic Foods Ltd,
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PL-EKO-07
EU Agriculture



Net weight: 300g



Morgiel



Organic Kale Kimchi

*Organic, unpasteurised, vegan
and vinegar free. Nourishing food
with an authentic flavour*

**Naturally
Fermented & Raw**

Store refrigerated and consume
within 4 days after opening.
Best before end: see lid

INGREDIENTS: white Chinese
cabbage* (72%), kale* (10.8%),
carrot* (7.2%), onion* (3.6%),
ginger* (1.8%), chilli flakes*
(0.7%), Himalayan salt. *organic
May contain **celeriac**
and **mustard** seeds.

Nutrition

Typical values. 100g contains:

energy	154kJ/37kcal
fat	0.48g
of which saturates	0.09g
carbohydrate	5.2g
of which sugars	1g
fibre	2.2g
protein	1.8g
salt	0.38g