

Product

Name	Organic Black Onion Seed
Description	Just Natural Organic Black Onion Seeds are sourced from only the best organic producers from around the world. Also known as Nigella seeds, onion seeds have a mildly bitter flavour and are frequently used in curries and chutneys, as well as incorporated into doughs for Naan and Pitta breads. And they're packed in our 100% reusable, refillable and recyclable glass jar.
Code	JNLH35
Barcode	5056078807077
Country of Origin*	Various
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	42g
Packaging Type*	Jar – Glass, Lid – Aluminium, Labels - Paper
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Onion Seeds
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	480kcal
Fat	43g
Of Which Saturates	3.4g
Carbohydrates	7.3g
Of Which Sugars	0g
Fibre	26.5g
Protein	16.1g
Salt	0.1g

Certifications	Vegan (Vegan Society), Organic (Soil Association)
Serving Requirements	Add to your favourite curries and chutneys, or incorporate in dough for Naan and Pitta breads.