A DELICIOUS OAT BAR STUFFED WITH OUR

Certified

ALMOND BUTTER STUFFED FRUIT & SEED FLAPJACK BAR. INGREDIENTS: Wholegrain **Oats** (35%), **Almond** Butter (21%) (Californian **Almonds**, Sea Salt), Date Syrup, Rice Syrup, Currants (6%), Pumpkin Seeds (6%), Coconut Oil, Shea Oil, Rapeseed Oil, **Oat** Flour, Salt. **NUTRITIONAL INFORMATION:** Per 100g/Per 45g bar. Energy (kJ) 1910/860, Energy (kcal) 457/206, Fat 24g/11g, of which Saturates 6.2g/2.8g, Carbohydrate 49g/22g, of which Sugars 19g/8.8g, Fibre 7.2g/3.2g, Protein 12g/5.2g, Salt 0.14g/0.06g. **ALLERGY ADVICE:** For allergens, including cereals containing gluten see ingredients in **bold**. Not suitable for tree nut, peanut, milk and soya allergy sufferers. May contain small pieces of stalks or pips. **STORAGE:** Packaged in a protective atmosphere. Store in a cool, dry place. **SAY HELLO:** Pip & Nut Ltd, The Nest, 2.08, The Tea Building, 56 Shoreditch High St, London E1 6JJ. Pip & Nut EU Holdings SRL, Rue Picard 7 Boîte 100, 1000 Bruxelles, Belgique. thekernel@pipandnut.com

MADE BY Pip

EXPERTLY CRAFTED IN THE UK

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