



IT'S ALIVE!

Bursting with beneficial bacteria. Some gas will build up naturally.

Keep refrigerated below 5°C. Once opened consume within 14 days by the use-by date shown.

eaten ALIVE



FRESH, BRIGHT & BOLD.

CRISP CHINESE LEAF AND CRUNCHY SHREDDED VEG WITH A GINGER AND GARLIC KICK.

SUITABLE FOR VEGANS

ALLERGENS: Contains Soy. May contain traces of Celery and Mustard.

Made in the UK by Eaten Alive Ltd, Unit 18 London Stone Business Estate, London, SW8 3QR

375g
Mild Kimchi

USE BY:

INGREDIENTS:

Chinese Leaf, Carrot, Daikon, Spring onion, Salt, Apple, Chilli Powder, Red Chilli, Tamari Soy Sauce (Soybeans, Water and Salt), Ginger, Garlic and Starter Cultures.

Nutritional information

(Per 100g):

Energy: 22Kcal/95KJ
Fat: 0.3g, Saturated: 0.1g
Carbohydrate: 3.8g
Of which Sugars: 0.1g
Fibre: 1.1g
Protein: 1.6g
Salt: 2.44g

✓ High Fibre ✓ Low Calorie

MILD KIMCHI

RAW + VEGAN + BIO LIVE

HANDMADE BY CHEFS IN SOUTH LONDON

Chefs Pat and Glyn are obsessed with the complex flavours of fermented veg, and discovering their benefits was an epic bonus! A healthier choice that is genuinely more delicious just had to be shared.

#fermentationforthenation

GLUTEN FREE

UNPASTEURISED

100%
NATURAL

eatenalive.co.uk @eatenalivedn

TRY ME...

- With eggs in the morning
- Atop avo on toast
- Fried with rice
- Entangled in noodles

PERFECT FOR:

