

JOINT COMPLEX - NUTRITIONAL TABLE

Nutritional Information	Per 10.28g Sachet	% RI Per Sachet
Energy	100.3 kj	1.2%
	24.0 kcal	1.2%
Fat	0 g	0%
- of which saturates	0 g	0%
- mono-unsaturates	0 g	*
- poly unsaturates	0 g	*
Carbohydrate	1.4 g	0.5%
- of which sugars	0 g	0%
- polyols	0 g	*
- starch	0 g	*
Fibre	0 g	*
Protein (dry basis)	4.5 g	8.9%
Salt	0 g	0%
Ingredients, Vitamins & Minerals	Per 10.28g Sachet	% NRV Per Sachet
Collagen Peptides	5,000 mg	**
Methyl Sulfonyl Methane (MSM)	2,000 mg	**
Glucosamine Sulphate 2KCL	1,000 mg	**
Hyaluronic Acid (Sodium Hyaluronate)	100 mg	**
Vitamin C (L-Ascorbic Acid)	200 mg	250%
Vitamin K2 (Menaquinone-7)	150 µg	200%
Vitamin D3 (Cholecalciferol)	20 µg	400%
Manganese (Manganese Citrate)	2 mg	100%
Copper (Cupric Gluconate)	200 µg	20%
Boron (Sodium Tetraborate)	3.5 mg	**

RI = Reference Intake

* = No Established RI

NRV = Nutrient Reference Value

** = No Established NRV

INGREDIENTS
Marine Collagen Peptides (FISH), MSM (Methylsulfonylmethane), Glucosamine Sulphate 2KCL (Vegetarian), Flavouring (Apple, Strawberry, Raspberry), Acidity Regulator (dl Malic Acid), Colour (Beetroot Powder), Vitamin C (L-Ascorbic Acid) Hyaluronic Acid (Sodium Hyaluronate), Vitamin K2 (Menaquinone-7), Sweetener (Steviol Glycosides), Boron (Sodium Borate), Manganese (Manganese Citrate), Vitamin D3 (Cholecalciferol) (Vegan), Copper (Cupric Gluconate)