

Altrient Magnesium L-Threonate Nutritional Facts

15 Servings, 1 Sachet (6ml) 2 x daily		% NRV*
Magnesium (from Magnesium L-Threonate(Magtein®))	154 mg	41%
Magnesium L-ThreonateHydrate (Magtein®)	2,000 mg	†
Phospholipids (from soya lecithin)	2,000 mg	†
Of which phosphatidylcholine	1000 mg	†
* Nutrient Reference Value †NRV not established		
Ingredients: Purified Water, Lecithin Phospholipids (soya), Magnesium L-Threonate, Preservative: Grain Alcohol (ethanol), Thickening Agent: Xanthan Gum.		