

**SUGGESTED USE:** Take 2 capsules per day with a full glass of water and preferably with food.

**CAUTION:** This product is not suitable for pregnant or breastfeeding women. If you are taking prescription medication or under any medical supervision consult with a GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18. Keep out of reach of children at all time. Do not use if seal is broken or damaged.

**STORAGE:** Store in a cool, dry place.  
For best before end & batch number see side of label.

Food supplements should not be used as a substitute  
for a balanced diet and healthy lifestyle.

Bottle made from at least 80% recycled plastic.  
Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance.  
This product doesn't contain artificial flavours, colours or sweeteners.



New Leaf  
products

Based on a  
60 day supply

2\*  
Months  
Supply

# ASHWAGANDHA KSM-66® & LIONS MANE



120 CAPSULES  
FOOD SUPPLEMENT

## Nutritional Information

Serving Size: 2 Capsules  
Servings per Container: 60

	Amount per Serving	%RI*
Ashwagandha (as KSM-66®) (from 116.7mg of a 12:1 extract, providing 5.8mg Withanolides)	1,400mg	**
Lion's Mane (from 40mg of a 15:1 extract, providing 20mg Polysaccharides)	600mg	**
Black Pepper (from 0.2mg of 10:1 extract)	2mg	**

\* Reference Intake

\*\* No RI established

Ingredients: Brown Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose), KSM-66® Organic Ashwagandha Root 12:1 Extract (5% Withanolides), Lions Mane 15:1 Extract (50% Polysaccharides), Black Pepper 10:1 Extract

Ashwagandha KSM does not originate from the UK

Manufactured for:

New Leaf Products Ltd - London - NW4 2ES - United Kingdom  
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FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW  
V03