



Mille

BLUEBERRY MILLET PROTEIN PANCAKE MIX

Soft Fluffy and Light. Made with Supergrains.

ZERO GUILT. ONLY GOODNESS.

16^g
PROTEIN

7^g
FIBRE

WHY MILLE

Mille Pancake*
Vs
Regular Pancake

2.0X
MORE PLANT
PROTEIN

3.5X
FIBRE

54%
LESS
SUGAR

23%
LESS
CARBS



**Made with Sorghum,
Oats and Foxtail Millet**

**No Refined
Sugar**

No Wheat



Nutritional Information*

Serving Size: Approx 40 g (makes two 4" pancakes). Servings Per Pack: 6-7

	Per 100 g	%RDA Per Serve***
Energy	361.0 kcal	7%
Protein	16.3 g	13%
Carbohydrate	57.8 g	8%
Total Sugar	12.8 g	-
Added Sugar**	8.0 g	6%
Dietary Fibre	7.0 g	11%
Sodium	403.6 mg	8%
Total Fat	3.8 g	2%
Saturated Fat	0.5 g	1%
Trans Fat	0.0 g	0%
Cholesterol	0.0 mg	0%

*Approx values. **Raw Sugar. ***Reference intake for an adult as per ICMR guidelines.

INGREDIENTS: INGREDIENTS:

Supergrain Blend (Sorghum (Jowar), Oat, Foxtail Millet)(67%), Protein Blend (Mung Bean Protein, Pea Protein)(12.2%), Unrefined Sugar (6%), Blueberries, Cranberries, Banana Powder, Nature Identical Flavours, Baking Powder, Baking Soda, Citric Acid, Beet Powder.

Food Additives - None

Allergen Advice: Contains oat. Made in a facility that processes wheat and nuts, may contain trace elements. **Storage:** Store in a cool, dry place. Once opened, transfer to an air-tight container and consume within 30 days.

Mille Blueberry Pancake		Allergens	
Dairy free	Yes	Nut Free	Yes
Gluten free	Yes	Egg Free	Yes
Organic	No	Celery Free	Yes
Raw	No	Lupin Free	Yes
Vegan	No	Milk Free	Yes
Vegetarian	Yes	Mustard Free	Yes
Wheat free	Yes	Sesame Seeds Free	Yes
Sugar free	No	Soybean Free	Yes
Fair Trade	-	Sulphur Dioxide Free	Yes
Produce of GB	-	Maize Free	Yes
		Citric acid Free	No
		Crustacean Free	Yes
		Mollusc Free	Yes
		Fish Free	Yes
		Peanut Free	Yes
		No Added Sugar	No
		Certified Low FODMAP	-
		No BPA	Yes
		Plastic Free	No

www.millesupergrain.com

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