

Caution:

If you are pregnant, breast feeding or taking medication, please consult your healthcare practitioner before use. Not intended for use by a person under the age of 18. Discontinue use and consult a doctor if adverse reactions occur. These ingredients may vary slightly in appearance or colour, this will not affect the quality of the product.

This product should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. This product is suitable for Vegans & Vegetarian.

Storage:

Please keep me in a cool dry place (below 25°C), and reseal me after use. Keep out of sight and reach of children.

Manufactured for:
gut-smart ltd
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For best before and
batch number see below.

gut-smart **LIVE** is a powerful blend of friendly bacteria *Lactobacillus* and *Bifidobacterium* with Inulin.

DIRECTIONS FOR USE:

As a food supplement for adults, take 2 capsules, once a day, preferably at mealtime, or as directed by your healthcare practitioner. Do not exceed the recommended daily intake. Do not use if the seal is broken.

NUTRITION INFORMATION

2 Capsules typically provide:	Amount	%RI*
Inulin (Chicory)	300mg	†
<i>Lactobacillus reuteri</i>	1 BN CFU **	†
<i>Lactobacillus acidophilus</i>	1 BN CFU **	†
<i>Lactobacillus rhamnosus</i>	5 BN CFU **	†
<i>Bifidobacterium breve</i>	1 BN CFU **	†
<i>Bifidobacterium longum</i>	1 BN CFU **	†
<i>Bifidobacterium lactis</i>	5 BN CFU **	†
<i>Lactobacillus plantarum</i>	5 BN CFU **	†

* Reference Intake ** Colony-Forming Units (CFU)

† Reference Intake not Established

INGREDIENTS

Inulin, Bulking Agent (Microcrystalline Cellulose), Slow release Empty Capsule shell (hydroxypropyl methylcellulose), *Bifidobacterium lactis* (BLa80), *Lactobacillus rhamnosus* (LRa05), *Bifidobacterium longum* (BL21) *Lactobacillus plantarum* (Lp90), *Lactobacillus reuteri* (PBS072), *Lactobacillus acidophilus* (LA85), Anti-caking Agent (Magnesium salts of fatty acids), *Bifidobacterium breve* (BBr60)



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