

# Curcumin & Turmeric

With Ginger & Black Pepper - 30 CAPSULES

**INGREDIENTS:** Turmeric Root Powder (Curcuma Longa), Turmeric Root Extract (Curcuma Longa), Ginger Root Powder (Zingiber officinale), Black Pepper Powder (Piper nigrum), Capsule Shell (Hydroxypropyl Methylcellulose).

**DIRECTIONS:** Take 1 capsule per day, with food. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

**FREE FROM:** Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

## NUTRITIONAL INFORMATION

	Per capsule
Organic Turmeric Root	300mg
Turmeric Root Extract Providing Curcumin	300mg 200mg
Organic Ginger Root	60mg
Organic Black Pepper	10mg

## FOOD SUPPLEMENT

Carefully packed in the UK for DR.VEGAN Ltd.  
Crispins, Manor Farm Lane, Michelmersh,  
Romsey, Hants, SO51 0NT.  
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