SUGGESTED USE: Take 2 capsules per day with a full glass of water and preferably with food.

CAUTION: Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a

GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18.

Keep out of reach of children at all times. Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place.
For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.
Please recycle bottle with cap on.
All our products are subject to our stringent quality assurance.
This product doesn't contain artificial flavours, colours or sweeteners.







## Nutritional Information

Serving Size: 2 Capsules

Servings per container: 60		
	Amount per serving	%RI*
Psyllium Husk (from 400mg of 10:1 extract)	4,000 mg	**
Lactobacillus acidophilus	200 million CFU	**

\* Reference Intake

\*\* No RI established

CFU = Colony-Forming Units

Ingredients: Brown Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose), Psyllium Husk 10:1 Extract, Lactobacillus Acidophilus

3rd Party Lab Tested Parameters tested:
Arsenic, Cadmium, Lead, Mercury
The results of examined parameters mentioned above are
compliant with EC no 1881/2006.

THE PSYLLIUM HUSK DOES NOT ORIGINATE FROM THE UK

Manufactured according to the GMP Code Of Practice for: New Leaf Products LTD - London - NW4 2ES - United Kingdom support@new-leaf-products.com