

Product

Name	Daily Multi 30 Veggie Caps
Description	Balanced Daily Multi Veggie Caps in our 100% recyclable paper refill pouch. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar. Every day multi vitamin and mineral complex, A powerful blend of vitamins, minerals, and nutrients. Also available in our re-useable glass bottle.
Code	BAL26
Barcode	5056078809101
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	30 Vegetable Capsules
Packaging Type*	Paper Refill Pouch. Plastic Free certified, 100% recyclable paper.
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Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%	Active Ingredient		*NRV%
Vitamin C	100mg	125	Vitamin A	417ug	52
Vitamin E	36mg	302	Manganese	333ug	17
Calcium	34mg	4	Folic Acid	133ug	66
Vitamin B2	33mg	2,379	Copper	100ug	10
Pantothenic Acid	33mg	555	Iodine	83ug	56
Nicotinamide	33mg	208	Biotin	33ug	66
Vitamin B6	28 mg	2,000	Vitamin B12	33ug	67
Thiamine	26mg	2,418	Chromium	13ug	33
Magnesium	13mg	4	Vitamin D3	3.3ug	66
Zinc	2.5mg	25	Vitamin K2	3.3ug	4
Iron	1.3mg	9			

*Nutritional Reference Value for Daily Recommended Intake

Ingredients	Capsule Shell (Vegetable Cellulose (HPMC)), Vitamin C (Calcium Ascorbate), Calcium Carbonate, Dicalcium Phosphate, Vitamin E (D-alpha Tocopheryl Succinate), Choline Bitartrate, Vitamin B5 (Calcium Pantothenate), Vitamin B6 (Pyridoxine HCL), Vitamin B2 (Riboflavin), Vitamin B3 (Nicotinamide), Myo Inositol, Vitamin B1 (Thiamine HCL), Magnesium Oxide, Zinc Gluconate, PABA (Para-aminobenzoic Acid), Citrus Bioflavonoids, Selenium, Iron(II) Gluconate, Betaine HCL, L-glutamic Acid, Alfalfa (<i>Medicago sativa</i>), Rutin, Vitamin A (Acetate), Kelp, Hesperin, Glucomannan (Konjac), SOYA Lecithin, Manganese Gluconate, Potassium Citrate, Bromelain, Papain (SULPHITES), Apple Pectin, Vitamin D3 Oil (Lichen Extract, Fractionated Coconut Oil, D-alpha Tocopherol), Copper Gluconate, Vitamin K2, Sodium Borate, Horsetail Extract (<i>Equisetum arvense</i>), Folic Acid, Potassium Iodide, Chromium Picolinate, Ammonium Molybdate, Vitamin B12 (Methylcobalamin), Biotin.
Allergens	SOYA, SULPHITES

Certifications	Vegan Society
Serving Requirements	Adults take 1-2 capsules daily with a meal, or as directed by a healthcare professional.