



ORGANIC WHEY PROTEIN

PURE UNFLAVOURED



1.2kg e 48 servings

NO NASTIES, JUST ORGANIC WHEY

Our organic whey protein powder is made without chemicals.

Filtered fresh whey from cheesemakers using organic milk from cows grazing on grass pastures. Turning waste into quality highly bioavailable protein, providing your body with rapid support from head to toe.

INGREDIENTS

Organic whey protein concentrate from organic milk

DIRECTIONS

Mix one serving (25g) with 75-100ml of water or milk in a blender, shake vigorously in a hand shaker for 30 seconds, or use a handheld milk frother. Add the liquid first to prevent lumps. Use as needed or 1-2 times daily. If you're using a blender, you may need to add more liquid. A great addition to yoghurt, smoothies, and overnight oats. 25g is roughly equivalent to 2 of our scoops, 3 ½ tbsp, 60ml, or ¼ cup. For a precise measurement, use scales.

ORGANIC WHEY FLAVOUR-O-METER

FOR THE BEST TASTE

75ml water 100ml milk

FOR A WEAK TASTE

200ml water 250ml milk

We only use pure organic whey, so less liquid = the best taste

1
INGREDIENT

COLD FILTERED
UNDENATURED &
BIOACTIVE*

HIGH BIOAVAILABILITY
NO ADDITIVES
CLEAN CREAMY TASTE

RAPIDLY
DIGESTED

*80% undenatured, thanks to low temperature filtration.
Bioactive = beneficial proteins & antibodies (see bottom left).

⚠️ Not a substitute for a varied and balanced diet & healthy lifestyle.

This product contains:
Calcium / contributes to normal muscle function & normal energy-yielding metabolism
Vitamin B12 / contributes to normal energy-yielding metabolism & the normal function of the immune system
Phosphorus / contributes to normal energy-yielding metabolism

Transparency from field to pack

Independent nutritional test certificates are published for every single batch and we also explain where the whey protein comes from, as well as how it is made, here: theorganicproteinco.com/transparency

Working for a better future

We give 25p to Compassion in World Farming for every pack to help bring an end to factory farming, with over £50,000 donated so far.

79%
PROTEIN

Nutrition information

Typical values	Per 100g	Per 25g serving
Energy kJ/kcal	1672/395	418/99
Fat	4.1g	1.0g
of which saturates	3.1g	0.8g
Carbohydrate	8.5g	2.1g
of which sugars	4.4g	1.1g
Fibre	5.4g	1.4g
Protein	79g	19.6g
Salt	0.5g	0.1g
Calcium	637mg	159mg (20% RI)
Phosphorus	361mg	90mg (16.4% RI)
Vitamin B12	2mcg	0.5mcg (20% RI)

RI = Reference intake of an average adult (8400 kJ/2000 kcal)

Bioactive proteins & antibodies

Per 100g			
Alpha Lactalbumin	10.5g	Immunoglobulin G (IgG)	3.3g
Beta Lactoglobulin	38.1g	Lactoferrin	293mg

Once opened, keep sealed, in a cool, dry place and use within 6 months

Amino acids

Per 100g (*=BCAA)			
Alanine	4.05g	Lysine	7.9g
Arginine	2.03g	Methionine	1.83g
Aspartic Acid	8.97g	Phenylalanine	2.9g
Cysteine	2.2g	Proline	4.64g
Glutamic Acid	14.2g	Serine	4.33g
Glycine	1.5g	Threonine	5.87g
Histidine	1.56g	Tryptophan	1.4g
Isoleucine*	5.03g	Tyrosine	2.55g
Leucine*	8.4g	Valine*	4.63g