

INGREDIENTS

Gluten-Free **OAT** flakes* (35 %), Coconut Syrup*, Roasted Sunflower Seed Paste*, Roasted **CASHEWS***, Roasted **CASHEW** Paste*, Deodorized Shea Butter*, Freeze-Dried Lemon Smoothie Powder* (0,5 %), Sea Salt*, Lemon Essential Oil* (0,2 %); * = Organic Certified Product

Nutritional Values/Nährwerte/Informations nutritionnelles/ Valori nutrizionali medi per 100 g

Energy/Brennwert/Valeur énergétique/ Valore energetico	1977 kJ/474 kcal
Fat/Fett/Graisses/Grassi	26 g
of which saturates/davon gesättigte Fettsäuren/dont acides gras saturés/ di cui acidi grassi saturi	6,5 g
Carbohydrate/Kohlenhydrate/Glucides/ Carboidrati	45 g
of which sugars/davon Zucker/dont sucres/ di cui zuccheri	18 g
Fibre/Ballaststoffe/Fibres/Fibre	5,5 g
Protein/Eiweiß/Protéines/Proteine	12 g
Salt/Salz/Sel/Sale	0,39 g

