A BLEND OF COOKED CHICKPEAS AND BEETROOT, FLAVOURED WITH LEMON, HORSERADISH & GARLIC

INGREDIENTS: COOKED CHICKPEAS (38%) [WATER, CHICKPEAS], DICED BEETROOT (20%) [COOKED BEETROOT, WATER, SUGAR, WHITE WINE VINEGAR, SALT, ACIDITY REGULATOR: CITRIC ACID], RAPESEED OIL, TAHINI (II%) **(SESAME SEED** PASTE), WATER, LEMON JUICE CONCENTRATE, HORSERADISH (2%), VINEGAR, GARLIC PURÉE, SALT, BEETROOT JUICE CONCENTRATE For allergens, see ingredients in **bold**.

NUTRITIONAL VALUES (PER 100G)

ENERGY 300 KCAL (I242KJ)
FAT 24g
(OF WHICH SATURATES) 2.4g
CARBOHYDRATES I2g
(OF WHICH SUGARS) 3.0g
FIBRE 6.7g
PROTEIN 6.1g
SALT 0.8lg



SEE REVERSE TO READ MORE ABOUT OUR STORY

PLEASE RE-USE OR RINSE & RECYCLE



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Not suitable for freezing. Keep refrigerated below 5°c. Once opened, keep refrigerated and consume within 2 days. Do not exceed use by date. Packed in the UK for ChicP Ltd., Burlington Road, London, SW6

150G