

Directions: 4 capsules daily or as directed by your healthcare practitioner.

Cautions: Do not exceed stated daily dose. Keep out of reach of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

Ingredients: L-Glycine, Organic Brown Rice Protein, Green Tea Extract (Camellia sinensis), Acerola Blend (Stabilisers: Di-Calcium Phosphate, Tri-Calcium Phosphate) Horsetail Extract, Gotu Kola Extract (from Centella asiatica), L-proline, L-Glutamic Acid, L-Arginine Hydrochloride, L-Hydroxyproline, L-Alanine, Japanese Knotweed Extract, Vitamin E, Biotin, Copper Sulphate, Hydroxypropylmethyl cellulose (capsule shell).

F0021210V3



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VEGAN COLLAGEN BUILDER

herbal extract, vitamins & superfoods blend with
GOTU KOLA & VITAMIN C

120 vegan capsules



Fushi supplement blends are created with high strength herbal extracts, vitamins & superfoods combined with our Fushi fresh-ground® herbs from this season's harvest and encapsulated in our London workshop, to provide natural remedies for everyday wellness.

Nutritional Breakdown	Per 4 caps	%NRV*
Vitamin E	6mg-α-TE**	50
Vitamin C	30mg	30
Biotin	25µg	50
Copper	0.5mg	50
Green Tea Extract	200mg	N/A
Horsetail Extract	100mg	N/A
<i>providing Silica</i>	7mg	
Gotu Kola Extract	100mg	N/A
Japanese Knotweed Extract	51mg	
<i>providing Resveratrol</i>	50mg	N/A
Amino Acids:		
Alanine	88.7mg	
Arginine	104.4mg	
Aspartic Acid/Asparagine	43.4mg	
Cysteine	10.9mg	
Glutamic Acid/Glutamine	169.5mg	
Glycine	1521.6mg	
Histidine	10.6mg	
Isoleucine	21.7mg	
Leucine	41.0mg	
Lysine	15.5mg	
Methionine	14.4mg	
Phenylalanine	27.5mg	
Proline	113.5mg	
Serine	24.1mg	
Threonine	17.8mg	
Tryptophan	6.6mg	
Tyrosine	27.2mg	
Valine	28.3mg	
Hydroxyproline	75.0mg	
Total Amino Acids	2361.7mg	

*NRV=Nutrient Reference Value

** α-TE** = Alpha Tocopherol Equivalent