

PRODUCT INFORMATION

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| Three capsules typically provide: | | %RDA* |
| Vitamin C | 90mg | 113 |
| Iron | 0.75mg | 5 |
| Zinc | 3mg | 30 |
| Copper | 0.375mg | |
| Collagen hydrolysate (marine, non shark) | 1200mg | |
| MSM | 150mg | |
| Centella asiatica | 210mg | |
| Aloe vera 200:1 | 75mg | |
| Chlorophyll | 30mg | |
| Horsetail | 30mg | |

*RDA = Recommended Daily Allowance

INGREDIENTS: Hydrolysed collagen (from fish [tilapia, catfish and pangasus catfish]), capsule: hydroxypropyl methylcellulose (carrageenan)*; *Centella asiatica* (gotu kola), methyl sulphonyl methane, ascorbic acid, aloe vera 200:1, chlorophyllin, natural horsetail, anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide; anti-caking agent: stearic acid*; zinc citrate, ferrous sulphate, copper gluconate. *(vegetarian source)

DOES NOT CONTAIN: sugar, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

HIGHER NATURE®



Active Marine
Collagen

COLLAGEN RESTRUCTURING COMPLEX

with
Centella asiatica

90

CAPSULES
FOOD SUPPLEMENT

COLLAGEN RESTRUCTURING COMPLEX 90 capsules

DIRECTIONS: Take 3 capsules before bed with a glass of water, or as your health professional advises. As an optional extra also take 3 in the morning for the first month. Drink 1-2 litres of water throughout the day to optimise results. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This product is not tested on animals.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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