

**SUGGESTED USE:** Take 2 capsules per day with a full glass of water and preferably with food.

**CAUTION:** Do not exceed the stated dose.  
If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements.  
Discontinue use and consult a GP if adverse reactions occur.  
Not suitable for persons under the age of 18.  
Keep out of reach of children at all times.  
Do not use if seal is broken or damaged.

**STORAGE:** Store in a cool, dry place.  
For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.  
Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance.  
This product doesn't contain artificial flavours, colours or sweeteners.



**New Leaf**  
products

Based on a  
60 day supply

**2\***  
Month  
Supply

# MAGNESIUM GLYCINATE



**120 CAPSULES**  
**FOOD SUPPLEMENT**

## Nutritional Information

Serving Size: 2 Capsules

Servings per Container: 60

	Amount per Serving	%RI*
Magnesium Bisglycinate	1040mg	**
Providing Elemental Magnesium	208mg	55%

\* Reference Intake

**Ingredients:** Magnesium Bisglycinate, Capsule Shell  
(Hydroxypropyl Methylcellulose), Anti-Caking Agent  
(Magnesium Stearate)

Magnesium contributes to:

Normal bones and muscle function  
Normal functioning of the nervous system  
A reduction of tiredness and fatigue  
Normal psychological function

Magnesium has a role in the process of cell division

Magnesium Bisglycinate does not originate from the UK

Manufactured according to the GMP Code Of Practice for:  
New Leaf Products LTD - London - NW4 2ES  
United Kingdom  
support@new-leaf-products.com

FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW V01