

Product	Salted Microwave Popcorn	Sweet Microwave Popcorn
Ingredients	Wholegrain Corn (83%), Shea Oil, Rapeseed Oil, Salt, Antioxidant: Extracts of Rosemary	Wholegrain Corn (62%), Sugar, Shea Oil, Rapeseed Oil, Natural Flavouring, Antioxidant (Extracts of Rosemary)
Nutritionals per 100g		
Energy	1748kJ	1948kJ
	418kcal	466kcal
Fat	19.1g	23.7g
of which saturates	5.8g	7.5g
Carbohydrates	47.4g	52.7g
of which sugars	1.2g	18.2g
Fibre	11.4g	8.5g
Protein	8.5g	6.3g
Salt	1.88g	0.03g