

VYBEY POWDER VANILLA FLAVOUR

Oat Flour, Protein Blend (Whey Protein Concentrate and Milk Protein Isolate), Coconut fat powder, Flaxseed Flour (Organic), Coconut flour (Organic), Corn Starch, Brown Rice Flour (Organic), Vitamin & Mineral Premix*, Natural Flavours, Xanthan Gum, Lion's Mane Mushroom (Organic) (1%) (Hericum Erinaceus), Salt, Natural Sweetener (Stevia Leaf Extract), Bacillus Coagulans

*Vitamins (Vitamin C, Vitamin E, Vitamin B3 (Niacin), Vitamin D, Vitamin B2 (Riboflavin), Vitamin B5 (Pantothenic acid), Vitamin B6 (Pyridoxine), Vitamin B1 (Thiamine), Vitamin A, Folic Acid, Biotin, Vitamin B12 (Cyanocobalamin)).

*Minerals (Phosphorus, Potassium, Calcium, Magnesium, Zinc, Manganese, Copper, Molybdenum, Iodine, Chromium, Selenium, Iron).

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NUTRITIONAL INFORMATION

Servings per package:	15		
Serving size:	100 g		
	Per 100 g serve	%RDI	Quantity per 100g
Energy	1665 kJ		1665 kJ
	397 Cal		397 Cal
Protein	29.0g		29.0g
Fat, total	10.3 g		10.3 g
- Saturated	5.9 g		5.9 g
- Trans	less than 0.1g		less than 0.1g
- Polyunsaturated	1.9 g		1.9 g
- Omega 3 (ALA)	0.4 g		0.4 g
- Omega 6 (LA)	0.1 g		0.1 g
- Monounsaturated	1.8 g		1.8 g
Carbohydrate	44.7 g		44.7 g
- Sugars	3.6 g		3.6 g
Fibre	6.2 g		6.2 g
Sodium	0.3g		0.3g

VITAMINS

Vitamin A	190 mcg RE	25%	190 mcg RE
Vitamin B1 (Thiamine)	0.5 mg	48%	0.5 mg
Vitamin B2 (Riboflavin)	0.8 mg	48%	0.8 mg
Vitamin B3 (Niacin)	4.8 mg	48%	4.8 mg
Vitamin B5 (Pantothenic acid)	0.8 mg	15%	0.8 mg
Vitamin B6 (Pyridoxine)	0.8 mg	48%	0.8 mg
Folic Acid	47.5 mcg	24%	47.5 mcg
Vitamin B12 (Cyanocobalamin)	1 mcg	48%	1 mcg
Vitamin C	19 mg	48%	19 mg
Vitamin D	2.4 mcg	24%	2.4 mcg
Vitamin E	4.7 mg	47%	4.7 mg
Biotin	4.8 mcg	16%	4.8 mcg

MINERALS

Calcium	350.4 mg	44%	350.4 mg
Chromium	32.3 mcg	16%	32.3 mcg
Copper	0.5 mg	16%	0.5 mg
Iodine	47.5 mcg	32%	47.5 mcg
Iron	3.9 mg	32%	3.9 mg
Magnesium	85 mg	27%	85 mg
Manganese	0.8 mg	16%	0.8 mg
Molybdenum	40.4 mcg	16%	40.4 mcg
Phosphorus	253.7 mg	25%	253.7 mg
Potassium	29.1 mg		29.1 mg
Selenium	16.6 mcg	24%	16.6 mcg
Zinc	2.9 mg	25%	2.9 mg

OTHER INGREDIENTS

Lion's Mane (Hericum Erinaceus)	450mg	450mg
Bacillus Coagulans	400mg (1bn cfu)	400mg (1bn cfu)