



deliciously lebanese carob tahini

Naturally sweet
carob molasses blended
with stone-ground
sesame seeds



CAROB TAHINI: A traditional sweet spread made with tahini and carob molasses. Carob trees are native to Lebanon. Juice is extracted from their pods, simmered and reduced to a dark, sweet syrup. Separation is natural, stir before use.

INGREDIENTS: Carob molasses (60%), **sesame** paste (40%).

ALLERGY ADVICE: For allergens see ingredients in bold. May contain traces of peanuts and wheat.

BEST BEFORE: See lid. Once opened, use within 3 months. Store in a cool, dry place.



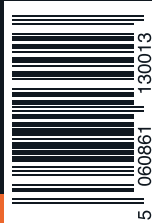
*Spread thickly on toast, warm pitta or flat bread
for a nutritious breakfast or delicious snack.
Drizzle on pancakes or as icing on cupcakes.*



NUTRITION Typical values per 100 g	
Energy (kJ)	1640
Energy (kcal)	392
Fat (g)	17
of which Saturates (g)	2.4
Carbohydrate (g)	51
of which Sugars (g)	39
Fibre (g)	1.5
Protein (g)	8.0
Salt (g)	0.14
Calcium (mg)	800 mg (100% NRV)
Iron (mg)	14 mg (100% NRV)

NRV = Nutrient Reference Value

220g JAR & LID RECYCLABLE



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PRODUCED IN LEBANON

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