



## Roots & Wings Organic

### Easy Smoothie Mix

#### Energy

**Ingredients:** Organic Apple Powder, Organic *Whey* Protein (80%) Concentrate [*milk*], Organic Spinach Powder, Organic Linseed Powder, Organic Mango Powder, Organic *Almond* Protein Powder, Organic Turmeric, Organic Mint Powder, Organic Black Pepper.

**Allergen advice:** contains **nuts** and milk.

Free from Palm Oil. Suitable for Vegetarians.

Nutritional Information:

Typical Values	Per 100g
Energy	1569kJ/371 kcal
Fat	2.9g
Of which saturates	0.8g
Carbohydrate	60.0g
Of which sugars	20.0g
Protein	18.2g
Salt	0.05g