

Product

Name	Night Support 30 Veggie Caps
Description	Balanced Night Support 30 Veggie Caps in our 100% recyclable paper refill pouch. Contains Vitamin B6 and Magnesium which contributes to normal psychological function. Vegan and free from excipients, soy, GMO, gluten, lactose, and sugar.
Code	BAL68
Barcode	5055177532675
Country of Origin*	Made and packed in the UK.
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	30 Veggie Capsules
Packaging Type*	Paper Refill Pouch. Plastic Free certified, 100% recyclable paper.
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Shelf Life

Maximum Shelf Life	2 Years
Storage Conditions	Ambient (15°C - 20°C)

1 Capsule Provides

Active Ingredient		*NRV%
5HTP	150mg	
Magnesium	10mg	3
Vitamin B6	1.5mg	107
Selenium	55ug	100

* Nutritional Reference Value for Daily Recommended Intake

Ingredients	5 HTP (Extracted from <i>Griffonia simplicifolia</i>), Capsule Shell (Vegetable Cellulose (HPMC), Magnesium Bisglycinate, Chamomile (<i>Matricaria recutita</i>), Reishi Mushroom Extract (<i>Ganoderma lucidum</i>), Ashwagandha Root (<i>Withania somnifera</i>), Hop (<i>Humulus lupulus</i>), Schisandra Berry (<i>Shisandra chinensis</i>), Maca Root (<i>Lepidium meyenii</i>), Myo-inositol, Selenium, Vitamin B6 (Pyridoxine HCL).
Allergens	For allergens, see ingredients in BOLD .

Certifications	Vegan Society
Serving Requirements	Adults take 1 capsule after your last main meal of the day, or as directed by a healthcare professional.