

NUTRITIONAL INFORMATION

4 TABLETS TYPICALLY PROVIDE:		%NRV*
Vitamin D	15 µg	300
Vitamin E	4 mg α-TE	33
Vitamin C	90 mg	113
Thiamin (Vitamin B1)	8 mg	727
Riboflavin (Vitamin B2)	5 mg	357
Niacin (Vitamin B3)	20 mg NE	125
Vitamin B6	10 mg	714
Folate	400 µg	200
Vitamin B12	20 µg	800
Biotin	150 µg	300
Pantothenic Acid	6 mg	100
Magnesium	60 mg	16
Iron	14 mg	100
Zinc	15 mg	150
Copper	1 mg	100
Selenium	50 µg	91
Chromium	100 µg	250
Iodine	150 µg	100
Myo-Inositol	2000 mg	**
N-Acetyl Cysteine	600 mg	**
L-Arginine	100 mg	**
Alpha-Lipoic Acid	100 mg	**
Coenzyme Q10 (Ubiquinol)	100 mg	**
Beta-carotene	3 mg	**

* NRV (Nutrient Reference Value) ** NRV not established