Birch Juice

AUSLEDA

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BIRCH JUICE

¹ A cleansing programme is often recommended in spring and autumn as an ideal complement to a diet regime. Weleda Birch Juice is manufactured by a process which maintains the maximum content of the active components. Birch leaf may assist digestion and support the body's detoxification processes. May be taken alongside Weleda Sea Buckthorn Elixir.

Ingredients:

Aqueous extract of dried birch leaves (*Betula pendula* Roth. and *Betula pubescens* Ehrh.) (94%), lemon juice.

Product Information:

Servings per pack: 13.3 servings, serving size: 15ml. 15ml provides:

Dried birch leaves 6.9g

(Betula pendula Roth. and Betula pubescens Ehrh.)

Directions for use:

Dilute 1 tablespoon (15ml) in a glass of water or fruit juice three times a day (3 \times 15ml).

The recommended daily dose is 45ml

Shake before use.

Unopened the product is usable up to the best before end date. See base of carton. Once opened the product will keep for up to 4 weeks in a refrigerator.

Liquid Food Supplement.

Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Store out of the reach of young children.

Suitable for adults and children aged 12 years and over.

Not suitable for pregnant or breastfeeding women, people suffering from allergies to salicylic acid and its derivatives or taking anticoagulant treatment.

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Cleansing, for spring and autumn¹

Drink made from extract of birch leaves

200 mle

LIQUID FOOD SUPPLEMENT

BN: K1112 Best Before End: 10/2027



Weleda - in harmony with nature and the human being