

# Hydrolysed Marine Collagen Powder

# **Specialist Care for the skin & joints**



One Teaspoon Contains (Average): %NRV 5 grams of Marine Collagen Powder......\* NRV: EC Nutrient Reference Value \*: EC NRV Not Yet Established

### What is Hydrolysed Marine Collagen Powder?

Collagen is the main structural protein found in our body's connective tissue (skin, joints, bones, hair, nails, muscles, and tendons). It supports beauty, skin elasticity and hydration, joint mobility, bones, muscles, and general health of the connective tissue.

HealthAid Marine Collagen is rich in type 1 as well as type 2 and 3 Collagen. It is Hydrolysed to reduce the size of the Collagen molecules thus ensuring better absorption and bioavailability. Supplementing with natural collagen is essential for maintaining healthy-looking skin and joint mobility.

The skin is the body's largest organ and Collagen is the major structural protein of the skin, which gives it strength, smooth and glowing appearance. As we age, Collagen levels decline, and levels of free radicals in the skin increase due to the effects of exposure to harmful UV rays and environmental factors. Cosmetic creams, lotions and serums work on the top layer of skin – the epidermis. However, the skin's overall quality, moisture-retaining ability and resilience are determined in the deeper, structural layer - the dermis – where the collagen, elastin and moisture-retaining elements are found.

Hydrolysed Marine Collagen Powder acts as a skin rejuvenator from inside out because it is especially rich in the beneficial Type I Hydrolysed Collagen to provide the optimum support for healthy, glowing skin.

HEALTHAID LTD HealthAid House, Marlborough Hill, Harrow, HA1 1UD Tel: +44 (0) 208 426 3400 Internet: http://www.Healthaid.co.uk



Type I Hydrolysed Collagen is the most abundant in the body and is considered to be the key building matrix protein which gives the skin its structure and firmness. Being "hydrolysed" it has higher bioavailability (90-95%) and can be easily absorbed and transported to the dermis of the skin.

#### What is Hydrolysed Marine Collagen Powder for?

- Helps maintain strength and elasticity of the skin
- Promotes skin rejuvenation
- Increases skin hydration helping maintain natural moisture and glow
- Helps decrease the number of fine lines and wrinkles
- · Contains powerful antioxidants to protect the skin cells against oxidative damage and ageing
- Provides support for problematic skin conditions, such as acne, by helping to regulate the oil glands
- Beneficial in inflammatory skin conditions associated with autoimmune responses
- Supports joint mobility, bones, muscles, and general health of the connective tissue

#### Who needs to use Collagen Complex?

- Those who wish to maintain supple, youthful looking skin
- Those who are over exposed to harsh sun conditions
- Those who are exposed to pollution or harsh drying by the wind
- Those experiencing fine lines and early signs of ageing
- People with problematic skin
- Those who wish to improve health of joint, bones, muscles, and general health of the connective tissue

#### **Recommended Daily Allowance:**

As a supplement for health and beauty, take 5g (1 teaspoon), for joint health, 10g (2 teaspoons) daily dissolved in water or juice. Can be increased to 20g daily, if needed.

Product Code	803243	Pro	duct Name:	Hydro Powd	•	rine Collagen
Pack Size	250g pure Hydrolysed Marine Collagen Powder packed in a white plastic container with a lid and a printed label with all the relevant information					
UK Trade and Retail Price	Trade: £16.74 Retail: £29.99					
Appearance (shape/colour)	White powder					
Size	n/a	Shape	Powder	Average	e Weight	250g e
Ingredients	Hydrolysed Marine Collagen Peptide (from fish).					
Allergy advice	For allergens, see ingredients in bold.					
Suitability	Vegan	No	Veg	etarian	No	
Quality Requirements	All the ingredients meet the requirements of USP/NF, BP, EP, BHP pharmacopoeia or supplier specifications					

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Expiration Period	60 months from date of manufacture		
Storage	Store in a cool dry place, keep out of sight and reach of children		
Caution	Allergen Information: This product contains fish.		
Disclaimer	Use the product according to the directions stated on the pack. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Please check with your primary healthcare physician before taking this supplement if you suffer from a medical condition, are on prescribed medication, are pregnant or breastfeeding or suffer from food allergies. Food supplements are not intended to treat or prevent any disease. Do not use after the expiry date.		

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