

Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



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GB-ORG-05 NON EU AGRICULTURE



Fushi is a registered trademark  
[www.fushiwellbeing.com](http://www.fushiwellbeing.com)



LEARN MORE  
ABOUT SHATAVARI >

Fushi Wellbeing Ltd.

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**fushi**  
ORGANIC  
**SHATAVARI**  
**FRESH-GROUND®**  
100% pure herb  
60 vegan capsules



**Directions:**

2 capsules daily or as directed by your healthcare practitioner.

**Ingredients:**

Organic Shatavari (Asparagus Racemosus) Root,  
Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

**Origin:** India.

Nutritional Breakdown:	1 cap
Shatavari	400mg

**Caution:**

Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

**No added:**

Wheat, lactose, preservatives, artificial colours or flavours, yeast.

**FRESHLY GROUND & CAPSULATED FROM THIS SEASON'S HARVEST**