

Omega Active - NUTRITIONAL TABLE

Nutritional Information	Per Omega-3 Capsule (2 Capsules 2.01g)	% RI Per Sachet
Energy	55.00 kj 13.00 kcal	0.7% 0.7%
Fat	0.0 g	0%
Nutritional Information	Per 11.6g Serving	% RI Per Serving
Energy	184.6 kj 43.5 kcal	2.2% 2.2%
Fat	0 g	0%
- of which saturates	0 g	0%
- mono-unsaturates	0 g	*
- poly unsaturates	0 g	*
Carbohydrate	1.1 g	0.4%
- of which sugars	0 g	0%
- polyols	0 g	*
- starch	0 g	*
Fibre	0.2 g	*
Protein (dry basis)	9 g	19%
Salt	0 g	1%
Serving per Sachet	Amount per Serving	%NRV Per Serving
Collagen Peptides	8500mg	*
Hyaluronic Acid (100% Active)	200mg	*
Pantothenic Acid (92.01%	6mg	100%
Niacin (100% Active)	16mg	100%
Biotin (100% Active)	300µg	600%
Vitamin C - Ascorbic Acid - (100% active)	160mg	200%

Vitamin E – D-Alpha-Tocopheryl Acetate - (51.5% active)	18mg	150%
Selenium Enriched Yeast (0.2% active)	25µg	45%
Omega-3 Fish Oil (FISH), Vitamin E (D-Alpha-Tocopheryl Acetate). Capsule Shell: Glycerine (plant derived),		