

Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



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Fushi is a registered trademark  
[www.fushiwellbeing.com](http://www.fushiwellbeing.com)



LEARN MORE ABOUT  
ST JOHN'S WORT >

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# fushi

ORGANIC

## ST JOHN'S WORT

### FRESH-GROUND®

100% pure herb

60 vegan capsules



#### Directions:

2 capsules daily or as directed by your healthcare practitioner.

#### Ingredients:

Organic St John's Wort (Hypericum Perforatum),  
Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

Origin: England.

Nutritional Breakdown:	1 cap
St John's Wort	370mg

#### Caution:

Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

#### No added:

Wheat, lactose, preservatives, artificial colours or flavours, yeast.

**FRESHLY GROUND & CAPSULATED FROM THIS  
SEASON'S HARVEST**