

REALFOODS™

by Organico

Organic Speltt
SPAGHETTI

At Organico Real Foods we're all about the joy of real food - that means growing happy, sourcing happy, cooking happy and putting a smile into every meal.

Our maestro quality Speltt Triticum Dicoccum is Proudly sourced to make maestro quality pasta recipes, grown and made in Italy.



The Joy of Real Food...

Nutrition: Typical values per 83g serving/per 100g:

Energy 1220kJ/288kcal / 1470kJ/347kcal

Fat 2.9g/3.5g of which saturates 0.7g/0.8g

Carbohydrate 54g/65.1g of which sugars 4.9g/5.9g

Fibre 5.4g/6.5g Protein 11.5g/13.8g

Salt <0.1g/<0.1g Sodium <0.1mg/<0.1mg.

Servings per pack: 6. Serving size: 83g

Ingredients: Whole speltt wheat semolina*
*from Organic agriculture

Allergy advice: Contains Gluten (wheat)

Storage: Keep away from light and heat.



Produced in Italy for: Organico Realfoods Limited,
Reading, RG64UP. www.organico.co.uk

Distributed in Australia by: First Ray,
Suite 173/137 Cardigan St, Carlton, 3053 VIC

500g e

Produced in Italy



IT-BIO-009
Italian Agriculture

