



### IT'S ALIVE!

Bursting with beneficial bacteria. Some gas will build up naturally.

Keep refrigerated below 5°C. Once opened consume within 14 days by the use-by date shown.

# eaten ALIVE



## CLASSIC KIMCHI

RAW + VEGAN + BIO LIVE

HANDMADE BY CHEFS IN SOUTH LONDON

#### SUITABLE FOR VEGANS

**ALLERGENS:** Contains Soy. May contain traces of Celery and Mustard.

Made in the UK by Eaten Alive Ltd, Unit 18 London Stone Business Estate, London, SW8 3QR

**375g**  
Classic Kimchi

USE BY:

#### INGREDIENTS:

Chinese Leaf, Carrot, Daikon, Spring Onion, Salt, Apple, Red Chilli, Tamari Soy Sauce (Soybeans, Water and Salt), Chilli Powder, Ginger, Garlic and Starter Cultures.

#### Nutritional Information

(Per 100g):

Energy: 22Kcal/95KJ  
Fat: 0.3g, Saturated: 0.1g  
Carbohydrate: 3.8g  
Of which Sugars: 0.1g  
Fibre: 1.1g  
Protein: 1.6g  
Salt: 2.44g

✓ High Fibre ✓ Low Calorie

### FUNKY, FIERY & BOLD.

CRISP CHINESE LEAF AND CRUNCHY SHREDDED VEG WITH HEAPS OF GINGER, CHILLI & GARLIC.

Chefs Pat and Glyn are obsessed with the complex flavours of fermented veg, and discovering their benefits was an epic bonus! A healthier choice that is genuinely more delicious just had to be shared.

#fermentationforthenation

GLUTEN FREE

UNPASTEURISED

**100%**  
NATURAL

eatenalive.co.uk @eatenalivedn

#### TRY ME...

- In a cheese toastie
- With eggs in the morning
- Fried with rice
- Entangled in noodles

#### PERFECT FOR:

