



# Epsom Salt 1KG

**100% Pure Natural Salts.** Premium quality Magnesium Sulphate. Relax & revive tired & aching muscles with our mineral rich salts.

**Soakin** specialise in sourcing only the highest quality, 100% pure natural salts to ensure the most soothing and relaxing bath-time experience. Our range includes: Dead Sea Salt (Soothe). Epsom Salt (Relax). Himalayan Salt (Detox). Magnesium Flakes (Recover).

## Instructions for bath use

For relaxation and general wellbeing, add 100g-250g to a warm bath and soak for approximately 20 minutes. To help recovery from strenuous exercise, add 500g-1000g to a warm bath and relax.

## Instructions for footbath

Use Add 100g-250g to a footbath or bowl and soak feet for 20 minutes, then rinse.

## Precautions

Before using For external use only. Avoid contact with eyes. Do not use on broken skin. Keep away from children.

## Storage

Keep bag sealed and stored in a cool dry place.

## Ingredients

Magnesium Sulphate (Epsom Salt)