

For allergens, see ingredients in **bold.** Made in a facility that handles other nuts, milk and soya.

70% min.

seeds 10% (pumpkin, sunflowe chicory root fibre, rice crisp, glute free **oats,** tapioca starch, sea sa

Roasted **nut** pieces 39% (**almon cashews, pecans**), dark chocol (cocoa mass, sugar, fat reduced co

powder, cocoa butter, sunflower lecithin: natural i

& ORANGE COATING

MOTHER'S* INGREDIENTS:

AND SEEDS WITH DARK CHOCOLATE Per100g Per 35g 2062 722 443 173 37 13 88 30 20 71 9) 98 34 15 53 12 40 09 0.32

Fat (g)
of which Saturates (g)
Carbohydrate (g)
of which sugars (g)
Fibre (g)
Protein (g)

Store in a cool, dry place.

NUTRITIONAL INFORMATION

Typical values
Energy (kJ)
(kcal)

"*INSPIRED BY MY MUM'S HOMEMADE GRANOLA, RAISE IS MADE FROM A MIXTURE OF NUTS, SEEDS, OATS, PUFFED RICE AND A LITTLE BIT OF ORANGE FLAVOURED CHOCOLATE. THIS POUCH DELIVERS A RANGE OF NUTRIENTS FROM