

DIRECTIONS FOR USE

Take three (3) capsules daily, or as directed by a healthcare practitioner. Dose can be taken at one time or separately throughout the day. Do not exceed the recommended daily intake.

Consult your doctor before use if you are pregnant, breastfeeding, taking any medication, or have a medical condition.

A food supplement should not be used as a substitute for a varied, balanced diet and a healthy lifestyle.

STORAGE

➡ Store in a **cool, dry place**.

⚠ **Keep out** of reach of young children.

See bottom for batch / best before end
62g e

*No magnesium oxide
100% vegan*

**PURE
MAGNESIUM
MALATE**

Food supplement **90** / Net weight
Capsules 62g e

MAGmal8

ITLHealth



Magnesium contributes to the normal functioning of the nervous system and normal muscle function.

It also contributes to normal psychological function and to the reduction of tiredness and fatigue.

INGREDIENTS

Magnesium malate, pullulan
(vegan capsule)

PRODUCT INFORMATION

Total servings: **30**

Serving size: **3 capsules**

Amount per 3 capsules		%NRV*
1650mg of non-buffered magnesium malate, delivering:		
Malate (from malic acid)	1419 mg	
Magnesium	231 mg	62%

*NRV = Nutrient Reference Value

DISTRIBUTED BY

ITL Health Ltd

Suite 1, 7th floor,
50 Broadway, London,
SW1Y 4LB, UK

www.itlhealth.co.uk

© 2025 ITL Health

All rights reserved

UK1209S / V. 1.1



5 056480 802349