

Primary brand name: **Feverfew**

Product status

Hard tablet

Category

Botanicals

Product description & uses

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Feverfew, sometimes referred to as the 'big chamomile', is a member of the Daisy family, and is also known as Tanacetum parthenium or Chrysanthemum parthenium. The plant itself was valued by the Ancient Egyptians and Greeks.

Each Natures Aid® tablet contains 95mg of Feverfew (Tanacetum parthenium) herb powder.

Product information (per tablet)

Feverfew (Tanacetum parthenium) herb powder

95mg

Ingredients

Microcrystalline Cellulose, Di-Calcium Phosphate, Feverfew Herb Powder, Coating (Sodium Carboxymethylcellulose, Dextrin, Dextrose Monohydrate, **Soya** Lecithin, Sodium Citrate), Anticaking Agents (Silicon Dioxide, Magnesium Stearate).

Form and pack size

Size: 10mm diameter round tablet

Pack Size: 90.

Dosage instructions

Take 1 tablet per day with food. DO NOT EXCEED THE RECOMMENDED INTAKE.

Age restriction

Over 18's only.

Packaging

120ml green PET bottle in a carton.

EFSA approved claims

None.

Selling points

Feverfew is a plant derived from Asia Minor and the Balkans, that contains a chemical (Tanacetum parthenium) known to help prevent migraine headaches. Studies suggest that Feverfew can help reduced the frequency and intensity of migraine attacks.

Each Natures Aid® tablet contains 95mg of Feverfew (Tanacetum parthenium) herb powder.

Shelf life

35 months from date of manufacture.

Allergy information

Vegetarian and Vegan.

Contains Soya.

Contains no: gluten, artificial flavours, colours & preservatives, lactose & yeast.

Contra-indications / precautions

Take special care with this product if you are already taking warfarin, clopidogrel, aspirin, ibuprofen or other non-steroidal anti-inflammatory drugs.

This product contains glucose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this product.

Do not take this product if you are pregnant or breastfeeding. Do not take if under 18 years of age.

Do not use if allergic to Asteraceae family, such as daisies, marigolds, chrysanthemums, artichoke or ragweed.

Feverfew has caused some irritation in the mouth and skin reactions in some users, particularly when used in high doses.

Safety information

Pregnancy - **No** | Breast Feeding - **No** | Warfarin - **No** | HRT - **Yes** | Diabetes - **Yes**

Possible link sales

Multivitamin & Minerals

Additional information

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Feverfew contains Sesquiterpene lactones – these include parthenolide (the most pharmacologically active), chrysartemin A and B and santamarin. Parthenolide in particular has been shown in research to inhibit prostaglandin production which results in the reduction of inflammation, decreased histamine secretion, decreased activation of inflammatory cells and fever reduction (hence the name).

The inhibition of prostaglandins and decreased histamine secretion is probably the reason why feverfew is beneficial to many migraine sufferers because this will reduce the spasms of the blood vessels that are believed to cause the pain.