Stage 1 introduces your baby to their first toste of predominantly savoury solid foods, starting at around 6 months (and no earlier than 4) whilst continuing to breast or formula feed. However, every baby is unique, so be guided by your instincts and your health care professional.

SERVE at room temperature, or heat by standing the pouch in hot water. Always check temperature before serving. Never microwave the pouch.

STORE in a cool dry place. Once opened, keep in a fridge for up to 24 hours. Do not reheat.

WARNING If the pouch is damaged or inflated, do not serve. Instead, return it to us.









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MADE IN SMALL BATCHES IN THE UK







THIS POUCH IS PACKED
FULL OF BUTTERNUT
SQUASH, CARROT &
BROCCOLI FOR A
PERFECT COMBINATION
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