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**ORGANIC
SAUERKRAUT
GINGER & LEMON****MADE FROM RAW INGREDIENTS WHICH
HAVE NOT BEEN HEATED ABOVE 42°C****Fermented in-jar with the Lactobacillus Paracasei
starter culture to supply a whole lot more crunch.****INGREDIENTS:** White cabbage* (45%), red cabbage*
(36%), water, ginger* (3.3%), lemon peel* (0.4%), sea
salt, lactic acid bacteria *= Certified organic ingredients

Store refrigerated at +4°C
Once opened consume within 5 days
Best before: See lid
To open: Gently lever up edge of lid using
the flat end of a spoon

**RAW****VIBRANT LIVING****ORGANIC
SAUERKRAUT
GINGER & LEMON****FERMENTED & UNPASTEURISED****THIS BRIGHT AND ZINGY
SAUERKRAUT IS A MIX OF
RED AND WHITE CABBAGE
FLAVOURED WITH ZESTY
LEMON AND GINGER.****RAW****ORGANIC****UNPASTEURISED****VEGAN****FERMENTED**

www.rawvibrantliving.co.uk
RAW, 6a Lower Teddington Road,
Kingston upon Thames, KT1 4ER, UK

**Average Nutritional
Values per 100g**

Energy	87kJ/21kcal
Fat	0.2g
of which saturates	<0.1g
Carbohydrate	3.5g
of which sugars	3.0g
Protein	1.0g
Salt	0.8g



DE-ÖKO-001
EU/non-EU Agriculture