

amisa

DELIGHTFULLY GLUTEN FREE

ORGANIC

Italian Style

OLIVE

CIABATTA



easy bake
10
minutes

serving suggestion

Amisa is made to be a little different. We understand every body is unique, so we create food to suit individuals. Our products combine peace of mind with pure pleasure, making Amisa the perfect choice for the life you lead. This is food that fits you.

Average Nutritional
Values per 100g

ENERGY	725kJ/172kcal
FAT	5.0g
of which Saturates	0.6g
CARBOHYDRATE	27g
of which Sugars	2.1g
FIBRE	5.7g
PROTEIN	3.9g
SALT	1.6g

Ingredients: water, corn starch*, rice flour*, olives* (6.7%), psyllium*, invert sugar*, chickpea flour*, **oats*** (gluten free), sunflower oil*, millet*, linseed*, yeast, apple fibre powder*, salt, black cumin oil*, emulsifier: xanthan gum, thickener: guar gum*, chickpea protein*, tomatoes*, basil*, rosemary*. * = certified organic ingredients.

Allergy advice: Produced in an environment where **eggs, lupin, milk, sesame, soy** and **nuts** are also used.

Best before: See stamp on clear wrap.

Storage: Store in cool and dry conditions. Once opened store refrigerated and consume within two days. Packed under modified atmosphere.

Preparation: Remove packaging and place ciabatta on middle shelf in a pre-heated oven. Bake at 200°C for 10 minutes, or until golden brown.

180g



NL-BIO-01
EU/non-EU Agriculture



To create tasty recipes
take a look at
www.amisa.co.uk

- ✓ Vegan
- ✓ Gluten free
- ✓ Source of fibre

Amisa, 6a Lower Teddington
Road, Kingston, KT1 4ER, UK
Amisa, Turfsteker 6, 8433 HT,
Haulerwijk, Netherlands

004



5 032722 314221