





## Kalamata Olives al Naturale

**Description:** Juicy organic Kalamata variety olives characterized by their mild, fruity taste. Tree ripened, hand picked and naturally cured. Prepared in the traditional Kalamata manner, marinated in extra virgin olive oil and oregano and vacuum packed. Suitable for raw food diet.

Article no.: 13301

Label description	on MANI organic gr	eek olives Kalamata al ı	naturale
Net weight	205g	Drained weight	
CU packaging n	naterial(s) glass +	+ metal lid	-
TU packaging n	naterial(s)	cardboard	-
EAN code CU _	5202423330077	EAN code TU	5202423601481
Units per carto	<b>n</b> 6	Cartons per layer	25
Layers per palle	et <u>8</u>	_	
Shelf life	14 months	Origin:	GR
<b>Ingredients:</b> Ka acid.	lamata olives*º (99%	6), extra virgin olive oil*	<sup>*</sup> , oregano*, sea salt, lactic
*Product of cer	tified organic farmin	ıg.	

Paturland Fair certified (99%)

Average nutritional values per 100g:	Organic	v
Energy 1053 kJ / 252 kcal	Naturland FAIR	v
Total Fat 26,2 g	Soil Association	v
of which		
saturated fat 3,4 g	Vegetarian	V
monounsaturated fat 19 g	Vegan	V
polyunsaturated fat 3,8 g	Raw food	v
Carbohydrate 1g		11
of which sugars 0 g	Glutenfree	v
Fibre 4 g Protein 2 g	Eggfree	v
Salt 3,5 g	Yeastfree	
-	Dairyfree	v

**Raw material specifications**: Kalamata olives, naturally debittered, selected medium sizes, with a compact structure, mild flavour, black up to dark purple in colour. Furthermore, in accordance with regulation 834/07 on organic produce.

Pasteurisation conditions: no heat treatment

**Storage**: at room temperature. Refrigerate after opening and consume within 3 weeks.

Further information for consumers: naturally fermented, raw product.

## Finished product specifications:

- Organoleptic characteristics: Compact, characteristically fruity tasted, ripe olives, slightly or not at all bitter, with a flavor of oil and oregano and slightly salted.
- Physical-chemical requirements:
- Microbiological specifications:

Total coliforms in 1 g (<10) Escherichia coli in 1 g (<10) Staphylococcus aureus in 1 g (<10) Salmonella spp. in 25 g (absent)

Enterobacteria in 1 g (<10) Clostridium perfringens in 1 g (<10) Listeria monochitogenes in 25 g (absent)

## Nutrition claims/Health claims:

- HIGH UNSATURATED FAT Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood cholesterol levels.
- SOURCE OF FIBRE
- HIGH VITAMIN E Vitamin E contributes to the protection of cells from oxidative stress.
- HIGH IRON
- HIGH PHOSPHORUS
- SOURCE OF MAGNESIUM