

SUGGESTIVE DOSAGE: Take **2 capsules per day** with a full glass of water and preferably with food.

CAUTION: Do not exceed the stated dose. If you are pregnant, breastfeeding, taking prescribed medication or under medical supervision it is advisable to consult a GP prior to taking any supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18. Keep out of reach of children at all times. Do not use if seal is broken or damaged.

FOOD SUPPLEMENTS ARE INTENDED TO SUPPLEMENT THE DIET AND SHOULD NOT BE REGARDED AS A SUBSTITUTE FOR A VARIED DIET AND A HEALTHY LIFESTYLE.

All our products are subject to our stringent quality assurances. This product does not contain any artificial colours or flavours.

Bottle made from at least 95% recycled plastic.
Please recycle bottle with cap on.



New Leaf
products

Based on a
60 day supply

2*
Monthly
Supply

TURMERIC

5in1
COMPLEX

Certified



Corporation



Magnesium, Glucosamine, Ginger
& Black pepper extract



120
CAPSULES
FOOD SUPPLEMENT

Nutritional Information

Serving Size: 2 Capsules

Servings per Container: 60

	Amount per Serving	%RI*
Magnesium	100mg	27%
Turmeric (from 100mg of a 50:1 extract, providing 57mg Curcuminoids)	5000mg	**
Glucosamine Sulphate (Vegan)	200mg	**
Ginger (from 2.2mg of a 23:1 extract, providing 0.1mg Gingerols)	50mg	**
Black Pepper (from 1mg of a 10:1 extract)	10mg	**

* Reference Intake

** No RI established

Ingredients: Magnesium Bisglycinate, Rice Flour, Glucosamine Sulphate (Vegan), Capsule Shell (Hydroxypropyl Methylcellulose), Turmeric 50:1 Extract (95% Curcuminoids), Anti-Caking Agent (Magnesium Stearate), Ginger 23:1 Extract (5% Gingerols), Black Pepper 10:1 Extract.



MANUFACTURED FOR:

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FOR BEST BEFORE END & BATCH NUMBER SEE BELOW: V01