

**PRODUCT INFORMATION:**

One tablet typically provides:

Zinc	20mg	NRV** 200
Copper	1250µg	125

\*\*NRV = Nutrient Reference Value

**INGREDIENTS:** Lithothamnium calcareum, zinc citrate, copper gluconate, anti-caking agents: magnesium stearate, silicon dioxide; zein protein coating.

No artificial colours, flavours or preservatives.  
No yeast, added sugar or salt.

**STORAGE:** Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

**HIGHER  
NATURE®**

BODY HEALTH

**ZINC**

Immune system  
support



90 tablets  
vegetarian and vegan

**ZINC**

**FOOD SUPPLEMENT - 90 TABLETS**

- ✓ Zinc citrate is a readily absorbable form of zinc
- ✓ Zinc contributes to the normal function of the immune system\* and the maintenance of normal skin
- ✓ Zinc and copper contribute to the protection of cells from oxidative stress

**DIRECTIONS:** Adults take 1 tablet a day with food. Do not exceed recommended daily intake. A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**WARNING:** If you are taking any medication or have a medical condition, please consult your healthcare professional before using this product.

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