

INDI

	Brand	INDI Supplements
	Product SKU	DAILYGUT28
	Name	Daily Gut
	Description	Delicious whole food and fibre-rich plant powder to enhance daily nutrition. 15 superfoods for plant diversity, prebiotic fibre, probiotics, vitamins & minerals. No artificial flavours, sweeteners or preservatives.
	Flavour	Mixed Berry
	Servings	28x 12g sachets
	Pack size	336g
	Pack weight	563g
	Packing format	Sachets in carton box
	Dimensions	190 x 100 x 100 (mm)
	Case size for retail	13 units
	Case dimensions	305 x 305 x 305 mm
	Case weight	7.73kg
	Country of origin	UK
	Ingredients	Chicory Root Inulin*, Oat Beta Glucan - PromOat®, Blueberry Powder, Maca Root Extract 10:1, Acai Berry Extract 4:1, Purple Carrot Powder, Green

		Kiwi Fruit - Actazin®, Natural Flavouring, Moringa Leaf Powder, Organic Baobab Fruit Pulp Powder, Reishi Mushroom Extract 15:1, Haskapa® Berry Powder, Turmeric Extract 50:1 (95% Curcuminoids), Bamboo Extract 15:1, Bacillus Coagulans - ActiBio®, Vitamin D3 Vita-algae D®, Piper Nigrum Extract 25:1, Hibiscus, B-Complex (Vitamin B3 - Nicotinamide, Vitamin B6 - Pyridoxine Hydrochloride, Vitamin B1 - Thiamine Hydrochloride, Vitamin B2 - Riboflavin, Vitamin B5 - Calcium D-Pantothenate, Vitamin B7 - D-Biotin, Vitamin B9 - Calcium L-Methyl Folate, Vitamin B12 - Methylcobalamin Hydrate.
	Key call-outs	• High in fibre • 15 nutrient-dense plants for plant diversity • Includes Vitamin D3, B complex and probiotics • For digestion, energy, immunity and overall wellbeing • Loved by nutritionists
Nutrition Information	Per 12g serving	Per 100g
Energy	138 kJ (33kcal)	1152 kJ (277kcal)
Fat	0.3g	2.4g
Of which saturates	0.07g	0.5g
Carbohydrates	5.02g	42g
Of which sugars	1.5g	13g
Fibre	4.05g	34g
Protein	0.52g	4.5g

Salt	0.015g	0.1g
Nutrient	Per 12g serving serving	%RI
Vitamin D3	18.75µg	375%
Thiamin	0.82mg	75%
Riboflavin	1.05mg	75%
Niacin	12mg	75%
Vitamin B6	1.05mg	75%
Folate	150µg	75%
Vitamin B12	2.07µg	75%
Biotin	37.5µg	75%
Panthenic Acid	4.5mg	75%