

# Spec sheet

**Product:** Raw Honey, Ginger & Turmeric Fusion

**Ingredients:** Raw Honey, Ground Ginger & Turmeric (2%)



## Table of Nutritional Information

| Portion Size: 21 g (1 tbsp) | Per 100 g          | Per Portion (21 g)        |
|-----------------------------|--------------------|---------------------------|
| Energy                      | 1428 kJ / 336 kcal | 300 kJ/ 70.6 kcal (3.5 %) |
| Fat                         | 0 g                | 0 g (0 %)                 |
| - of which saturates        | 0 g                | 0 g (0 %)                 |
| Carbohydrate                | 84 g               | 17.6 g (6.8 %)            |
| - of which sugars           | 63.7 g             | 13.4 g (14.9 %)           |
| Protein                     | 0 g                | 0 g (0 %)                 |
| Salt                        | 0 g                | 0 g (0 %)                 |