



## Magnesium Menopause Bath Flakes

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An uplifting blend of magnesium chloride, ylang-ylang and clary sage to relax and unwind

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Relieves stress, eases muscle tension and supports a good night's sleep

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100% natural magnesium chloride



Please recycle



Magnesium Menopause Bath Flakes help to relieve stress, ease muscle tension and support sleep with an uplifting blend of magnesium chloride, ylang-ylang and clary sage.

**The science**

BetterYou Magnesium Menopause Bath Flakes contain a highly concentrated form of 100% natural, magnesium chloride that efficiently elevates cellular magnesium levels when exposed to the skin. Magnesium chloride is wholly soluble, also referred to as totally ionised. This is vital to allow magnesium to break its bond and travel into the pores, through the dermal layers and into the bloodstream.

The intense muscle recovery and relaxation when using BetterYou Magnesium Menopause Bath Flakes provides an experience that is second-to-none.

For optimal absorption, it is advisable to take a magnesium rich bath two or three times a week to increase and maintain cellular levels.



Supports a good night's sleep



Effective magnesium absorption



100% natural source



Natural muscle relaxant

**Magnesium quality**

BetterYou magnesium chloride comes from a natural source, deep inside the Earth's crust. It has been protected from man-made pollutants for over 250 million years, ensuring its quality and purity.

**Ingredients**

Magnesium chloride hexahydrate, canaga odorata (ylang-ylang) flower oil, salvia sclarea (clary sage) oil, linalool.

**Advisory information**

Supplements should not replace a healthy diet and exercise. Keep out of reach and sight of children.

**Planet-friendly product**

This packaging can be recycled with other household plastics. This product is certified free from any palm oil and palm oil derivatives

Guaranteed mineral quality			
Magnesium chloride	No less than 46%	Magnesium sulphate	Up to 0.1%
Potassium chloride	Up to 0.6%	Sodium chloride	Up to 0.9%
Calcium chloride	Up to 2.2%	Water	Up to 51%

Magnesium content	
Per 750g	90g

RRP	Product size	Case size	Dosage
£6.99	750g	6	250g (two mugs)

# Magnesium Menopause Bath Flakes

Helps relieve symptoms of the menopause.

**RRP**

£6.99

**Product size**

750g

**Product dimensions (mm)**

( L x W x D )

750g 250 x 17 x 90

**Suitable for**

Suitable for vegetarians and vegans

No contraindications

**Free from**

Preservatives,  
Synthetic colours,  
fragrances,  
pollutants,  
and heavy metals

**Dermatologically tested**



Developed in Britain

