Dough (60%): Wheat flour, vegetable oils & fats (contains soya oil, colouring: b-carotene), water, salt, sugar, pasteurized egg. Filling (40%): Greens 50% (fresh spinach Greek origin 75%, leek, onions, dill), feta cheese 23% (Greek Origin) P.D.O (pasteurized sheep's & goat's milk, salt, culture, microbial rennet), myzithra cheese (Greek Origin) 17% (whey cheese from sheep's and goat's milk), wheat semolina, vegetable oils, salt, sugar, spices.