

WE ARE PASSIONATE ABOUT MAKING
SURE EVERYONE HAS ACCESS TO FRESH
FRUIT AND VEG. FIND OUT MORE AT

WWW.MOCKINGBIRDRAWPRESS.COM

**COLD-PRESSED BLEND OF FRUIT AND VEGETABLE PURÉES,
JUICE AND ADDED VITAMINS. INGREDIENTS: 3 ½ PRESSED APPLES,
1 CRUSHED MANGO (27%), ½ ORANGE (12%), ¾ PRESSED CARROT
(5.5%), 1 PASSION FRUIT (5.5%), 2 ½ CRUSHED ACEROLA CHERRIES (3%),
¼ CRUSHED CELERY (2%), SQUEEZE OF LEMON, VITAMIN C (ASCORBIC
ACID), VITAMIN A. FOR ALLERGENS, SEE INGREDIENTS IN BOLD.**

| NUTRITION INFO | PER 100ML | PER 150ML |
|------------------------------|--------------|--------------|
| ENERGY | 205kJ/48kcal | 308kJ/72kcal |
| FAT | 0.1g | 0.15g |
| OF WHICH SATURATES | 0g | 0g |
| CARBOHYDRATE | 11g | 16.5g |
| OF WHICH SUGARS ¹ | 9.7g | 14.55g |
| FIBRE | 0.7g | 1.05g |
| PROTEIN | 0.5g | 0.75g |
| SALT | 0.04g | 0.06g |
| VITAMIN A | 120µg (15%*) | 180µg (23%*) |
| VITAMIN C | 12mg (15%*) | 18mg (23%*) |

THIS SMOOTHIE IS HIGH IN VITAMIN A AND C.
VITAMINS A AND C CONTRIBUTE TO THE NORMAL
FUNCTION OF THE IMMUNE SYSTEM. ENJOY AS PART
OF A HEALTHY LIFESTYLE AND BALANCED DIET.

¹NATURALLY OCCURRING FROM FRUIT. WE NEVER
ADD SUGAR. *% REFERENCE INTAKE. 1 SERVING = 150ML.
THIS BOTTLE CONTAINS 5 SERVINGS.

100% RECYCLABLE!



750ml e

Mockingbird Raw Press
82 St John Street, London EC1M 4JN
20 Harcourt Street, Dublin 2 D02 H364

KEEP REFRIGERATED. SHAKE WELL AND ONCE OPEN DRINK WITHIN
3 DAYS. HIGH PRESSURE PROCESSED (HPP). BEST BEFORE: SEE LID.