



NO SUGAR ADDED
BLACKCURRANT
Extra Jam with sweetener



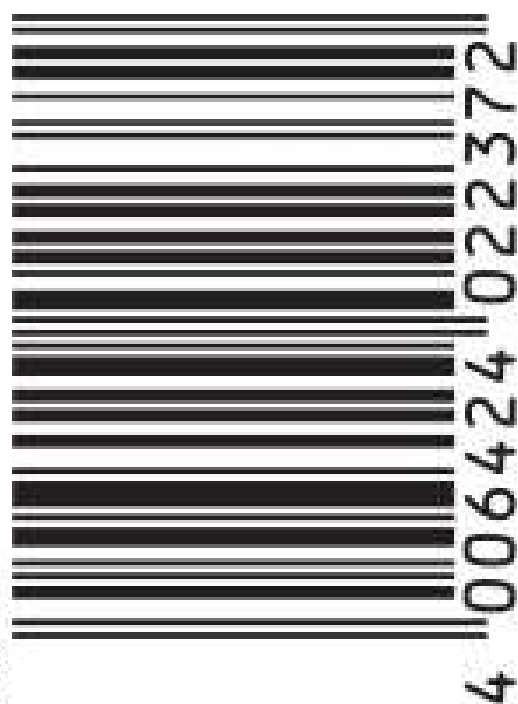
INGREDIENTS: Sweetener (Sorbitol), Blackcurrants, Gelling Agent (Pectins). Prepared with 35g of fruit per 100g. Contains naturally occurring sugars. Refrigerate after opening. Best before: see lid.

NUTRITIONAL INFORMATION
AVERAGE VALUES PER 100g

Energy	630kJ	151kcal
Fat		0.1g
of which saturates		<0.1g
Carbohydrate		57.4g
of which sugars		2.1g
Protein		0.4g
Salt		0.02g

Excessive consumption may produce laxative effects. Best to eat less than 45grams of jam per day.

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