INGREDIENTS: Water, Cold Pressed Coconut Oil, Tomato Paste, Turkish Peppers, Extra Virgin Olive Oil, Halen Mon Natural Smoked Water, Gluten Free Soy Sauce, Mustard, Miso Paste (Soy), Chipotle Chilli, Apple Cider Vinegar, Cannellini Beans, Potatoes, Sweet Potatoes, Nutritional Yeast, Spices, Agave, Sea Salt,

Allergens in bold. Produced in a factory that handles celery, eggs, milk, mustard, soya, molluscs, sulphites, sesame seeds, nuts, aluten, fish,

Antioxidant: Ascorbic Acid (Vitamin C).

Carbohydrate 11.2g (of which sugars 3.9g), Protein 3.8g, Salt 2.5g. 120g (8 powerful spicy servings) - concentrated, so thin to your preference!

NUTRITION Per 100q: Energy 631kj/152kcal, Fat 10.6q (of which saturates 4.7q),