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Erudus ID 3cd9a8505a6c49cba0d4b927cea41040

Version 2.0

Status Published



Chunk Gluten Free - Frozen Baked Wrapped - Squash and Spinach Roll x 2 - 110g - 6 Pack

Gluten Free Squash And Spinach Roll 6x220g

PRODUCT DESCRIPTION

An awesomely tasty veggie roll, with butternut squash and spinach. Wrapped in our fab 'ruff puff' pastry.

Manufacturer	The Gluten Free Bakers (Baked to Taste)
Manufacturer Product Code	50040-6
Product Type	Food
Product Category	Pies, Sausage Rolls, Savouries
Storage Type	Frozen
Erudus ID	3cd9a8505a6c49cba0d4b927cea41040
Specification Type	Bakery Products

Inner Component GTIN	5060085643085
Manufacturer Component Code	50040-1
Outer Case GTIN	5060085640343



INGREDIENTS

Ingredient Declaration

Butternut Squash (15%), Red Peppers, Pastry Margarine (Vegetable Oil: Rspo Palm, Rapeseed, Water, Salt. Emulsifier : (E471)), Potato Starch, Gram Flour, Rice Flour, Spinach (7%), Water, Chick Peas (4%), Margarine (Vegetable Oil (Rspo Palm, Rapeseed), Water, Salt, Emulsifier (E475), Flavourings, Colour (E100, E160b(i))), Cherry Tomato, Glaze (Water, Vegetable Proteins, Sunflower Oil, Dextrose, Maltodextrines, Starch), Salt, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Thickener (Xanthan Gum), Curry Powder (Coriander, Turmeric, Fenugreek, Salt, Chili, Garlic, Cinnamon, Clove, Black Pepper, **MUSTARD**, Ginger, Bengal Gram), Garam Masala, Black Pepper, Cayenne Pepper, Lemon Juice (Water, Lemon Juice Concentrate, Preservative - Potassium MetabiSULPHITE, Lemon Oil.)

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	No
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	No
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	No
Molluscs	No

Mustard	Yes
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	Yes

Risk Source:

Eggs (Risk Source)	Factory
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Additional Allergen Information

ALLERGENS: Please see ingredients in BOLD CAPITALS. Made in kitchens which handle EGG, MUSTARD, MILK, SULPHITES, SESAME SEEDS and NUTS.

FREE FROM CLAIMS

Free From Barley	Yes
Gluten-Free	Yes

Free From Oats	Yes
Free From Rye	Yes
Free From Wheat	Yes

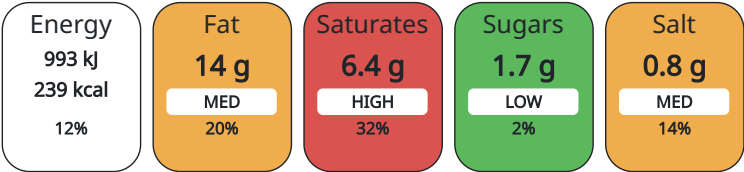
DIET SUITABILITY

Vegan Diet	Suitable for
Halal Diet	No

Vegetarian Diet	Suitable for
Kosher Diet	No

NUTRITIONAL INFORMATION AS SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 239kcal / 993kJ

Nutrient	per 100g	RI per 100g	per 110g serving	RI per 110g serving
Energy (kJ)	993 kJ	12%	1092.3 kJ	13%
Energy (kcal)	239 kcal	12%	262.9 kcal	13%
Fat	14 g	20%	15.4 g	22%
of which Saturates	6.4 g	32%	7.04 g	35%
Carbohydrate	22 g	8%	24.2 g	9%
of which Sugars	1.7 g	2%	1.87 g	2%
Fibre	2.8 g		3.08 g	
Protein	3.8 g	8%	4.18 g	8%
Salt	0.83 g	14%	0.91 g	15%

HANDLING & STORAGE INFORMATION	Serving Size		110 g
	Source of Nutritional Information		Calculation from known/accepted datasets
	Directions For Use TO REHEAT: From FROZEN: Remove all packaging and place on a baking tray in the centre of a pre-heated oven. 180°C / Fan160°C / Gas Mark 4 for 25-30 mins. From CHILLED: Remove all packaging and place on a baking tray in the centre of a pre-heated oven. 180°C / Fan 160°C / Gas Mark 4 for 15-20 mins. Storage Instructions "STORAGE: Keep Frozen BELOW -18°C Defrost fully in fridge. It can then be eaten cold. Consume within 5 days. Once defrosted DO NOT REFREEZE.		
ORIGIN	Product Country of Origin		United Kingdom
	Origin of the Primary Ingredient		United Kingdom
CONTACT INFORMATION	Address		Technical Mike Bull technical@takeachunk.co.uk 01404 47904 Technical Manager Commercial Kerry Quartly sales@takeachunk.co.uk Sales Manager Complaints Suzi Bryon-Edmond suzi@takeachunk.co.uk 01404 47904 Brand Manager
	The Gluten Free Bakers (Baked to Taste) 1-4 Orchard Units, Duchy Road Heathpark Industrial Estate EX14 1YD Honiton England Suzi@takeachunk.co.uk 01404 47904		

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